LECOM HEALTH
LIFEWORKS ERIE

Head to Toe Health Assessment

Staying healthy is important as we age. Detection of disease through routine screening, one of the ways to monitor overall health, is a ***free*** service offered to our members.

Based on results, members are referred to their own physicians for follow-up.

If you do not have a physician, the nurse performing the screening can recommend one.

Screening assessment includes:

- Blood Pressure
- Pulse
- Weight/Height
- Body Mass Index
- Cholesterol Level
- Blood Glucose Level
- Stroke Risk Assessment
- Diabetes Risk Assessment

You will also receive a folder for your results.

This folder contains further sections on medical care that may be useful when going to your doctor's visits or into the hospital.

Screenings are held every third Friday of the month at Lifeworks Erie, ***by appointment only***. Contact Aaron Damron, Director of Health and Wellness at (814) 453-5072 to schedule an appointment time.